

The Chinese Foundation Secondary School
The 10th Annual Athletics Meet 2009-2010
Boys C Grade Result

Event	1st	2nd	3rd	4th	5th	6th	7th	8th
100m	Chiang Wing Kim 2D 12.71" O S	Chan Chung Chak 1E 13.31" R	Lueung Hei Man 1E 13.41" R S	Tsui Tsun Hin 2A 13.68" R S	Ng Ka Wai 2A 13.89" R S	Cheng Wai Nam 2E 13.90" O S	Chong Man Him 1A 14.64" G	Chung Yiu Kin 2D 15.5" R
100m Hurdles	Yeung Chung Yau 2A 20.45" O S	Kwok Chun Hei 2D 20.88" O S	Lu King Yin 2B 21.32" R	Yu Siu Chung 2D 21.57" Y	Lee Tze Shing 2D 23.10" G	Au Hei Tung Calvin 2D 23.23" Y	Poon Hiu Dong 1D 24.30" Y	Lin Ryuhei 1B 25.09" G
200m	Ng Wai Tung 2C 27.61" Y S	Ng Ka Wai 2A 28.81" Y S	Tsui Tsun Hin 2A 28.99" R S	Cheng Wai Nam 2E 29.85" O	Xu Ka Ming 2C 30.29" Y	Chan Chung Chak 1E 31.22" R	Kwok Chin Cheung 1A 32.28" Y	Chung Yiu Kin 2D 32.65" R
400m	Ng Wai Tung 2C 1'04.12" Y S	Cheng Ho Wai 2D 1'05.30" O S	Chong Man Hin 1A 1'07.31" G S	Li Chun Wai 2C 1'15.48" R	Sing Wing Hin Roland 1D 1'19.81" R	Kwok Chin Cheung 1A 1'20.09" Y	Au Hei Tung Calvin 2D 1'22.59" Y	Wong Chung Man 2C 1'23.40" O
800m	Hung Darwin 2B 2'51.33" G	Liu Shawn Michael 1B 2'54.19" R	Yim Tsz Ho 1C 2'58.82" O	Chan Siu Tung 2B 3'01.04" Y	Chan Viking Ki Fung 2B 3'19.64" Y	Fung Chun Hin Jonathan 2D 3'31.67" G	Tsui Ho Yin 1E 3'32.66" Y	Chan Chung Yim 2B 3'37.99" O
1500m	Hung Darwin 2B 5'36.37" G S	Cheng Ho Wai 2D 5'44.79" O S	Yim Tsz Ho 1C 6'06.19" O	Yip Wa Shing 1E 6'24.00" O	Yeung Chung Yau 2A 6'38.83" O	Kwok Tung Yuet 2B 7'00.25" Y	Leung Wai Hin Henry 2C 7'21.51" R	Chan Chung Yim 2B 7'47.68" O
Discus	Kwok Tung Yuet 2B 17.94M Y S	Lu King Yin 2B 13.94M R	Ng Kwok Chap 2A 13.93M G	Fong Yik Chung 2D 13.83M R	Chan Cheuk Lun 2D 13.36M O	Yu Siu Chung 2D 12.58M Y	Tsang Pak Hin 1D 10.71M G	Kao Ho Kwan 1A 9.27M Y
Shot Put	Wong Sung Ho 2E 7.4 Y	Chan Hiu Fong 2E 6.778 R	Yep Chin Wah 2E 6.776 G	Chan Ho Yin 2E 6.684 R	Cheng Chung Pui 2C 6.674 G	Chan Chun Yin Anthony 2C 6.59 R	Chan Chung Hang 2E 6.39 O	Cheung Jason 2A 6.37 R
Long Jump	Ng Wai Tung 2C 4.77 Y S R	Chan Chung Chak 1E 4.59 R S	Cheng Wai Nam 2E 4.2 O S	Chong Man Hin 1A 4.11 G S	Cheng Chung Pui 2C 3.77 G	Chiang Wing Him 2D 3.63 O	Wong Pak Long 1C 3.6 O	Fung Hing Lun 1C 3.48 O
High Jump	Hung Darwin 2B 1.45 G S	Kwok Chun Hei 2D 1.43 O S	Chiang Wing Him 2D 1.4 O S	Mo Yun Fai 1A 1.1 G	Poon Hiu Dong 1A 1.05 Y	Wong Antony Man Bok 1D 1.05 Y	Kuk Lap Yang 1B 1.05 G	Guo Zijian 1B 1 R
4x100m Relay	Red House 57.20" R	Orange House 58.84" O	Red House 59.49" R	Green House 1'00.49" G	Yellow House 1'02.22" Y	Orange House 1'04.23" O	Green House 1'06.69" G	Yellow House 1'08.73" Y
4x400m Relay	Orange House 4'50.00"	Yellow House 4'56.80"	Red House 5'16.05"	Orange House 5'16.81"	Green House 5'26.24"	Red House 5'35.85"	Yellow House 5'47.23"	Green House 6'11.37"

S - Standard
R - Break Record