

The Chinese Foundation Secondary School
The 10th Annual Athletics Meet 2009-2010
Girls A Grade Result

Event	1st	2nd	3rd	4th	5th	6th	7th	8th
100m	Cheung Yan Wiang Vanessa 4A 14.63" G S	Chan Yuen 5B 14.81" Y S	Li Sze Hon Vivian 6A 15.13" O S	Ng Chiu Wing Christy 5C 15.39" O	Tang Yik Lam 6A 16.27" O	Chan Kwai Ling 6S1 18.20" Y		
100m Hurdles	Lai Chung Yan Charmian 6A 21.09" R S	Ng Chiu Wing 5C 25.88" O	Ng Hoi Tung Natalie 6A 29.27" R	Yang Bin Li 6S2 37.62" G				
200m	Tam Pui In Tammy 7A 30.82" R S	Cheung Yan W4A 31.54" G S	Chueng Hoi Yan 6A 34.35" O	Chow Chi Fung 7A 35.04" O	Mak Tin Hing 7A 36.11" O	Lau Ka Ki 7S1 37.99" O		
400m	Li Sze Hon Vivian 6A 1'16.74" O S	Ma Emily 7A 1'19.71" G S	Chan Wai Yan 6S2 1'20.37" R	Chan Bibiana 6S1 1'20.51" O	Wong Wing Ki 5E 1'28.17" O	Lee Ngan Ling 6S2 1'29.37" O	Li Man Lok Ava 6A 1'34.74" G	Tsang Tin Wing 6S1 1'54.88" R
800m	Ng Hei Man 7A 2'41.46" Y R S	Chan Wai Yan 6S2 3'22.91" R	Chan Bibiana 6S1 3'26.52" O	Chong Tsz Kwan 6S1 3'35.60" O	Fung Ting Chi 5E 3'37.86" O	Yang Bin Li 6S2 3'50.21" G	Chan Ho Lok 5E 3'56.10" R	
1500m	Ng Hei Man 7A 5.57.58 Y S	Lee Ngan Ling 6S2 7.12.16 O	Chong Tsz Kwan 6S1 7.14.42 O	Kam Wing Yan 6A 7.18.34 G	Cheung Ling Yan 6S1 8.22.82 G	Cheung Pauline 6S1 8.32.50 G		
Discus	Tang Yik Lam 6A 15.88 O S	Luk Ka Wai 5E 14.87 Y	Tam Sze Ching 5A 14.85 O	Mak Sze Kei 7S2 13.99 Y	Cheung Ching Man 7S1 12.85 Y	Cheung Hoi Yan 6A 12.31 O	Chan Elaine Wai Yan 7S1 11.7 R	Lee Ngan Ling 6S2 10.28 O
Shot Put	Tam Sze Ching 5A 8.57 O R S	Tam Pui In Tammy 7A 8.365 R R S	Chan Elaine Wai Yan 7S1 6.78 R S	Sun Hiu Yan Dorcas 5E 6.76 O S	Wong Wing Ki 5E 6.59 O S	Cheung Ching Man 7S1 6.48 Y S	Li Rachele 5B 6.31 O S	Kam Wing Yan 6A 5.8 G
Javelin	Mak Sze Kei 7S2 13.73m Y	Luk Ka Wai 5E 13.48m Y	Li Rachele 5B 13.23m O	Chong Tsz Kwan 6S1 12.38m O	Chan Bibiana 6S1 10.94m O	Fung Ting Chi 5E 10.83m O	Poon Tsui Ying Esther 6A 10.3m Y	Sun Hiu Yan Dorcas 7S1 9.2m Y
Long Jump	Chan Ho Yan 6A 4.42 G S	Tam Pui In Tammy 7A 4.23 R S	Li Sze Hon Vivian 6A 3.73 O	Chan Ho Lok 5E 3.54 R	Lai Chung Yan Charmian 6A 3.45 R	Chan Kwai Ling 6S1 3.39 Y	Wong Wing Ki 5E 3.32 O	Chan Yuen 5B 3.09 Y
High Jump	Tsoi Ying Ying 5B 1.21 R	Ng Chiu Wing Christy 5C 1.18 O	Ma Emily 7A 1.18 G	Cheung Hoi Yan 6A 1.15 O	Cheung Yan Wing Vanessa 4A 1.06 G			
4x100m Relay	Green House 1'01.99" S	Orange House 1'04.45" O	Red House 1'05.06" R	Yellow House 1'05.16" Y	Orange House 1'07.00" O	Yellow House 1'11.48" Y	Red House 1'11.49" R	Green House 1'14.59" G
4x400m Relay	Green House 5'20.36" S	Orange House 5'41.36"	Red House 5'41.99"	Orange House 5'45.94"	Yellow House 6'00.41"	Yellow House 6'05.99"	Red House 6'07.69"	Green House 6'35.32"

S - Standard
R - Break Record