

Hong Kong Schools Sports Federation(HKSSF) 香港學界體育聯會 2003-2004	
BOCHK Bauhinia Bowl Award (中銀香港紫荊盃)	BOCHK Bauhinia Bowl The Most Progressive, Co-educational School 中銀香港紫荊盃最佳進步獎(男女校)

### HKSSF Inter-school Athletics Championship (Division III Area 3)

<b>Boys' Overall</b>	<b>2nd Runner-up</b>		
Boys 'A Grade			
Javelin	3rd Runner-up	Lau Wai Lun William	4C
110m Hurdles	3rd Runner-up	Ho Wei Yin	4D
Boys' B Grade			
	Group -2nd Runner-up		
Discus	Champion	Siu Long Ting	4D
Javelin	Champion	Choi Man Shing	3E
Shot Put	1st Runner-up	Mak Shun Yiu	3C
1500m	2nd Runner-up	Ip Wang Fung Frank	4D
Boys' C Grade			
	Group -2nd Runner-up		
100m Hurdles	Champion	Tang Ka Kin	1E
High Jump	1st Runner-up	Tang Ka Kin	1E
1500m	2nd Runner-up	Ng Chak Hang	2A
100m Hurdles	3rd Runner-up	Leung Hin Yeung	2A
Long Jump	3rd Runner-up	Ng Shing Hin	2B
Girls' A Grade			
200m	2nd Runner-up	Leung Cheuk Yi	4C
		Leung Ka Yu	4C
		Wong Yuet Yung	6A
4 x 400m	2nd Runner-up	Ngai Tsz Yin	6A
		Chan Miu Kau	6A
100m Hurdles	3rd Runner-up	Chan Miu Kau	6A
Girls' B Grade			
High Jump	Champion	Yeung Po Ting	4A
Girls' C Grade			
800m	2nd Runner-up	Ma Emily	1A

### HKSSF Inter-school Swimming Championship (HK Division III)

<b>Boys' Overall</b>	<b>1st Runner-up</b>		
Boys' B Grade			
	Group -2ud Runner-up		
		Tam Chun Man	3A
4 x 50m Medley Relay	3rd Runner-up	Ng Hang Hei Duncan	3C
		Wong Hou Yang	3C
		Ho Tsz Hin	3E
4 x 50m Free Style Relay	3rd Runner-up	Leung Kin Hang	3D

		Chow Ho	3E
		Chan Kay William	4D
		Cheung Chak Man	4E
100m Free Style	3rd Runner-up	Chan Kay William	4D
100m Back Stroke	3rd Runner-up	Cheung Chak Man	4E
Boys' C Grade	Group -Champion		
		Goh Wei Min	1A
		Szeto Tin	1B
4x 50m Medley Relay	Champion	Wu Pak Ling	1D
		Choi Hon Kit	2E
50m Butterfly	Champion	Choi Hon Kit	2E
100m Free Style	1st Runner-up	Szeto Tin	1B
50m Butterfly	1st Runner-up	Szeto Tin	1B
50m Back Stroke -	1st Runner-up	Wu Pak Ling	1D
200m Individual Medley	1st Runner-up	Wu Pak Ling	1D
50m Free Style	2nd Runner-up	Choi Hon Kit	2E
Girls' Overall	1st Runner-up		
Girls' A Grade			
		Lo Yi Ching	3B
		Tung Yan Yee Dorothy	5A
4x 50m Medley Relay -	1st Runner-up	Wong Yuet Yung	6A
		Mo Ka Wai	7A
50m Back Stroke	Champion	Wong Yuet Yung	6A
100m Free Style	Champion	Wong Yuet Yung	6A
Girls' B Grade	Group -1st Runner-up		
		Tam Tsz Ying Daphne	3B
		To Zibia Tien Min	3E
4x 50m Medley Relay	1st Runner-up	Leung Wing Chi	3F
		Liu Ka Yan	4E
		To Zibia Tien Min	3E
Sam Breast Stroke	2nd Runner-up		
100m Free Style	3rd Runner-up	Leung Wing Chi	3F
50m Free Style	Champion	Liu Ka Yan	4E
100m Free Style	1st Runner-up	Liu Ka Yan	4E
Girls' C Grade	Group -1st Runner-up		
		Ma Emily	1A
		Tin Wing Yee	1C
4x 50m Medley Relay	Champion	Lau Hiu Ching Gloria	2B
		Lui Pak Ying	2B
50m Breast Stroke	Champion	Tin Wing Yee	1C
50m Butterfly	Champion	Tin Wing Yee	1C
100m Breast Stroke	Champion	Lau Hiu Ching Gloria	2B

100m Free Style	Champion	Lau Hiu Ching Gloria	2B
100m Free Style	1st Runner-up	Lui Pak Ying	2B
50m Free Style	Champion	Lui Pak Ying	2B

### **HKSSF Inter-school Cross-Country Championship (Division III)**

<b>Boys' Overall</b>	<b>Champion (*Promoted to Division II)</b>		
Boys' B Grade	Group -2nd Runner-up		
Boys' C Grade	Group -1st Runner-up		
Individual	1st Runner-up	Ng Chak Hang	2A
Individual	5th Runner-up	Lau Ho Tak Thomas	1D
Girls' AB Grade	Group -3rd Runner-up		

### **HKSSF Inter-school Badminton Competition (HK Division II)**

<b>Boys' Overall</b>	<b>2nd Runner-up</b>
Boys' C Grade	Group -1st Runner-up
<b>Girls' Overall</b>	<b>3rd Runner-up</b>
Girls' A Grade	Group -3rd Runner-up

### **HKSSF Inter-school Table Tennis Competition (Division II)**

<b>Boys' Overall</b>	<b>Champion (*Promoted to Division I)</b>	
Boys' B Grade	Group -1st Runner-up	
Boys' C Grade	Group -Champion	
Girls' A Grade	Group -Champion	

### **HKSSF All Hong Kong Jing Ying Table Tennis Tournament**

Girls' Double	2nd Runner-up	Fu Yuk Yee	4E
		Leung Ka Yu	4C

### **HKSSF Inter-school Basketball Competition (HK Division II)**

Girls' C Grade	2nd Runner-up
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### **HKSSF Inter-school Volleyball Competition (Division I)**

<b>Boys' Overall</b>	<b>Champion</b>
Boys' B Grade	1st Runner-up
Boys' C Grade	Champion

### **HKSSF Inter-school Volleyball Competition (HK Division II)**

<b>Girls' Overall</b>	<b>Champion (*Promoted to Division 1)</b>
Girls' B Grade	Champion
Girls' C Grade	Champion

### HKSSF The 2nd Inter-school Beach Volleyball Championships

Boys' Open	2nd Runner-up	Lai Chi Kui	4E
		Lau Chun Ho	6S
Girls' Open	1st Runner-up	Wong Hoi Lam	4C
		Mak Ankie	5A

### Asian Schools Volleyball (Boys) Championships 2003

Lau Wai Lun 4C was nominated by our school and was elected as Hong Kong Representative in this Championship.

### 55th Hong Kong Schools (English) Speech Festival

Bible Reading (Age 14)	First Place	Yip Sin Hang Shirley	3A
Solo Verse Speaking S3 Girls	First Place	Lai Siu Man Jessica	3F
Solo Verse Speaking S3 Girls	First Place	Pun Seen Kwan	3F
Prose Reading S1 Girls	Second Place	Sun Hiu Yan Dorcas	1A
Prose Reading S2 Girls	Second Place	Chan Ka Yalt Caine	2B
Solo Verse Speaking S2 Girls	Second Place	Chan Wing Yin	2C
Solo Verse Speaking S3 Boys	Second Place	Lam Evans	3A
Bible Reading (Age 14)	Second Place	Tsui Siu Yau	3B
Public Speaking Solo (S3-S4)	Second Place	Wong Hoi Lam	4C
Prose Reading S5 Girls	Second Place	Lai Po Sang	5A
News Feature Presentation	Second Place	Lee Chung Shun	6S
Original Short-Story Writing	Second Place	Lo Yat Wai	6S
Public Speaking Solo (S6-S7)	Second Place	Chui Man Hei Dorothy	7S
Prose Reading S 1 Girls	Third Place	Su Sophia	1A
Prose Reading S 1 Boys	Third Place	Tsui Wo Hui	1B
Solo Verse Speaking S I Boys	Third Place	Poon Ho Young	1E
Solo Verse Speaking S2 Girls	Third Place	Lo Ho Yee Jaclyn	2D
Prose Reading S2 Boys	Third Place	Poon Yun Ho	2D
Original Short-Story Writing	Third Place	Poon Yun Ho	2D
Solo Verse Speaking S2 Girls	Third Place	Au Kit Yi	2E
Bible Reading (Age 13)	Third Place	Chan Ka Ho	2E
Original Short-Story Writing	Third Place	Milburn Scott	2E
Bible Reading (Age 14)	Third Place	Lee Yvonne	3A
Bible Reading (Age 14)	Third Place	La Ka Yan	3A
Original Short-Story Writing	Third Place	Leung Kai Kit Jacky	3F
Prose Sight-Reading (S3-S4)	Third Place	Leung Wing Chi	3F

Original Short-Story Writing	Third Place	Milburn Rebecca	4C
Prose Sight-Reading (S3-S4)	Third Place	Mok Shiu Fung	4E
Original Short-Story Writing	Third Place	Lai Po Sang	5A
News Features Presentation	Third Place	Yeung Ian Ian	6A
Prose Reading S6-S7 Girls	Third Place	Yam Yuen Kuan	6S

### 56th Hong Kong Schools Music Festival

Woodwind Concerto	2nd Runner-up	Leung Chin Lun	3E
Woodwind Concerto	Merit	Sham Lai Tim	2C
Intermediate Piano Duet	Merit	Chan Wun Lam	2B
		Cheung Lok Yan	3C
Senior Piano Duet	Merit	Hui Hiu Wah	38
		Lau Carmen	3E
Woodwind Quartet	Merit	Sham Lai Tim	2C
		Chan Wun Lam	2B
		Leung Chin Lun	3E
		Lau Carmen	3E
Woodwind Quartet	Merit	Chan Hill Young	3A
		Lau Wai Lun	4C
		Cheung Yi Qing	2C
		Lau Ka Yiu	1E
Graded Violin Solo	Merit	Chiu Tsz Chung	2A
Graded Piano Solo	Merit	Chan Wun Lam	2B
Orchestra	Merit	School Orchestra	
Girls-Junior singing in Chinese School	Merit	School Choir	
Girls-Junior singing in English School	Merit	School Choir	

### Consumer Culture Study Award V

Outstanding Report Award	Project Supervisor:	Cheng Lei Wan	
	Group Members:	Chan Ka Wai	3A
		Chan Wang Kit	3A
		Chan Wing Man	3A
		Fu Wan Ming	3A
		Kam Ka On	3A
		Lee Sze Long	3A
		Lee Yvonne	3A
		Yip Sin Hang	3A

### "Environmental Friendly Parents" Essay Writing Competition

Merit	Lee Yvonne	3A
	Yip Sin Hang	3A

## Odyssey of the Mind

Creativity Award in solving problem (Division II team)	Milbum Scott	2E
	Poon Yin Pui	2E
	Ho Cheuk Hay	2E
	Ho Cheuk Hin	2E
	Ip Hall Yee	1A

## 第五十五屆香港學校間誦節(中文)

中學高級組即席專題演講	冠軍	姚冰心	7A
	季軍	鄧佩琦	7A
		任婉君	6S
		劉俊豪	6S
中一二普通話男子詩詞獨誦	冠軍	黃世傑	2B
中一二普通話女子詩詞獨誦	季軍	姚彩旻	2B
中二粵語女子散文獨誦	季軍	區潔兒	2E
		周綺琳	2A
		呂柏盈	2B
		梁家瑋	2B
中一二普通話女子詩詞獨誦	優良	吳芍汶	1A
		盧梓欣	1A
		謝如宓	1A
		蘇雪泥	1A
		郭雨辰	2A
中一二普通話男子詩詞獨誦	優良	襲劍鋒	2B
		歐陽家騏	2B
		陳況霞	3B
中一粵語女子詩詞獨誦	優良	簡詩蕙	3B
		黃頌惠	3F
		何珈藝	3F
中一粵語男子散文獨誦	優良	謝孟謙	1B
		劉欣愉	1A
		梁智雄	1A
中一粵語男子詩詞獨誦	優良	李亨斧	1A
		譚治揚	1A
		溫浚康	1A
中二四普通話男子散文獨誦	優良	陳竝傑	3A
中二粵語女子散文獨誦	優良	黃秀如	2E
中一粵語女子詩詞獨誦	優良	蔡穎兒	1C

中二粵語男子詩詞獨誦	優良	黃鎮升	2A
	優良	林穎深	1A
		葉巧兒	1A
中一粵語女子詩詞獨誦		簡慕欣	1A
		錢梓瑋	1A
		阮漫靈	1A
中一二普通話女子散文獨誦	優良	吳燕妮	1A
中一二普通話男子散文獨誦	優良	楊皓麟	1A
戲劇獨誦表演	優良	黎凱雯	4A
		雷繡安	4A
中學高級組即席專題演講	優良	梁翠珊	7A
		李潔華	7A
		吳婷雅	7A
		伍蔓婷	7A
		黃凱琪	7A
		梁詩詠	7A
		梁榮慶	6A
		楊欣欣	6A
		朱詠琳	6A
		勞逸為	6S
		李宗信	6S
		廖嘉欣	6S
		李宛珊	6S
		梁雪雯	6S
		陳中正	6S
		陳詠珊	6S
		陳巧鈴	6S

**全港中學生積金理財小冊子設計比賽(主辦:明報、積金局及教統局等)**

積金理財小冊子設計比賽	優異獎	梁根麟	3E
		林韋廷	3F

**新春繪畫比賽(銅鑼灣街坊福利促進會)**

繪畫比賽	優異獎	李依衡	3A
	優異獎	鄭婉鈿	2C